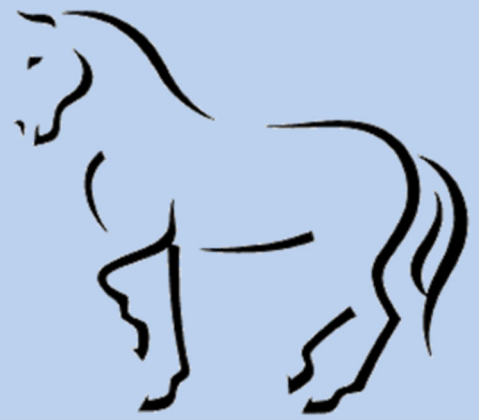


Pandora's Post

The Parkland Area Alberta Dressage Association Newsletter - Edition #3



September 2021

Dressage Show “Whoas”

Tip #3: Establish Goals and Be Prepared

The Boy Scout/Girl Guide motto is just as suitable for dressage competitions. Prior to a show, decide on one or two goals or objectives that will make you feel good about your ride. Maybe you want to nail the stretchy trot circle or pick up the correct canter lead at the right letter. Having a goal that is not dependent on your final score will help you build confidence with each ride.

Make sure you know the test before you enter the ring so you can concentrate more on riding your horse. Even if you want to use a reader at the competition, relying on a reader without being familiar with your test adds one more thing that could go wrong. Many a fine ride has been interrupted when a reader stumbles and reads the wrong movement or gets too far ahead of, or behind, the rider. If you aren't good at memorizing, try practicing your test ahead of time by drawing the pattern on paper.

If your horse isn't being super cooperative during your test, don't give up! Focus on your goals and try to ride the pattern accurately. Accuracy earns points too!

Be prepared, focus on your goals and celebrate your successes.

Written by Jean Duckering

For general inquiries, please email:
PAADAinbox@gmail.com

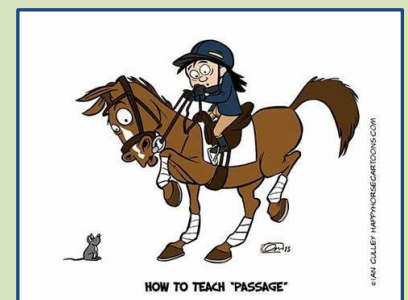
For more info, please see our website:
<http://www.albertadressage.com/parkland>

ADA Lifetime Recognition and Achievement Awards

The ADA launched two new recognition awards, Lifetime Recognition and Lifetime Achievement, in the Fall of 2020. In both cases “Lifetime” implies at least a 25-year contribution to dressage in our province whether it be past and/or present.

The Award recipients will be recognized at a reception at the upcoming ADA Provincials which will be held in Calgary, AB this year at Rocky Mountain Show Jumping September 4-5, 2021.

Full profiles of the 2021 Award Recipients can be found at www.albertadressage.com.



**Save the Date: October 23, 2021 – PAADA Schooling Show
(tentative - more info to follow)**

Want to apply your dressage skills to some fun games? Try Working Equitation!

Originating in Europe, Working Equitation (WE) showcases the abilities of horses based on traditional working roles. The 3 phases of WE currently available in Alberta include Dressage, Ease of Handling, (obstacles judged on execution) and Speed (a timed obstacle course). At the higher levels there is also a cattle handling phase. Points from all phases are tallied to determine final placing.

Horses can be any breed or size and are rewarded for good movement and temperament throughout the trials. You can ride in English, Western or Spanish tack. Levels range from walk/trot through to Masters. Good dressage basics will pay off in all phases!

For more information on Working Equitation, check out www.workingeq.ca or Facebook to see one of the two Alberta WE Chapters: Prairie West Chapter or WE Cochrane.

Written by Pam Vust

Western Dressage Corner

The 2021 WDAA Online International Challenge saw 386 Horse/Rider combinations, 1136 rides, representing 7 countries and 64 breeds of horses.

Alberta was represented with 3 riders who came away as the Team Competition Champions: Tamara Turgeon Riding Nanne's Brandia Dancer; Julie Moorcroft Riding Backtrax Graceingold; Kim Scott Riding Palomine

Not only was the Team Alberta team average score of 72.24% enough to win the Open Adult Teams division but was also the highest team average overall.

Well done Team Alberta!

For more information about western dressage, check out their Facebook page for Western Dressage Association of Southern Alberta and/or their website www.WDASA.ca

Written by Diane Luxen

**Get to know your friendly PAADA Member:
Jean Duckering**



Former PAADA Chair, Jean Duckering continues to serve on the Board as the current Vice Chair.

Q: How did you get into horses and what do you wish you knew when you started riding/showing?

A: My earliest memory of being obsessed with horses is when I was 3 years old, so it's definitely been a forever passion. I was 35 when I finally was able to buy my first horse, a little quarter horse mare named Hope. I wish I knew more about caring for a horse when I first started out...

Q: Any 'adventures' in the dressage ring that you look back on now and laugh about?

A: In 1998 a group of us drove to Winnipeg for the Western Canadian National Dressage Championships. We endured horrendous winds, rain, flapping tents around the dressage ring and even wild turkeys wandering around, which the horses just loved...not. It was one of the best and most fun riding weekends of my life.

Q: What is the most valuable piece of advice you ever received about horses/dressage/riding/etc.?

A: Buy a really good sports bra!!!

Next PAADA Board Meeting

September 27, 7:00 PM

All PAADA members welcome!

Contact Kim Aasman at willowmistfarm@me.com for details