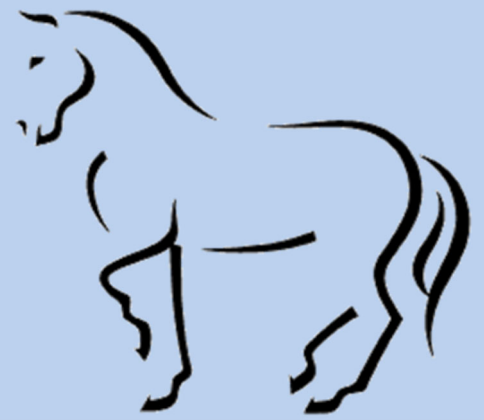


# Pandora's Post

The Parkland Area Alberta Dressage Association Newsletter - Edition #10



March 2024

## Join us!

The 2024 PA/ADA Board of Directors is excited about 2024 and would like to extend an invitation to the dressage community to join us!

PA/ADA 's mission is to promote and increase involvement in the sport of dressage in Central Alberta. We do this by supporting rider development through clinics and events, providing public education to increase awareness of dressage, and providing accessible local shows and education to support increased participation in the sport.

Joining PA/ADA supports both English and Western Dressage, allows you to stay up to date on dressage news, activities, shows and clinics, and have a voice in the central Alberta dressage community. You may even qualify for discounts on PA/ADA events, education subsidies and other awards!

Annual membership is only \$25 for adults and \$20 for Juniors under 18. For more information, please go to our website or send us an email. We'd love to hear from you!

**For general inquiries, please email:**  
[PAADAINBOX@gmail.com](mailto:PAADAINBOX@gmail.com)

**For more info, please see our website:**  
<http://www.albertadressage.com/parkland>



**After a year-long hiatus, Pandora's Post is back!**

If you are a PAADA Member and you would like to contribute content to Pandora's Post, or if there is some information you'd like to see, please email your ideas to [PAADAINBOX@gmail.com](mailto:PAADAINBOX@gmail.com).

Also check out the PAADA Facebook, Instagram and [www.albertadressage.com](http://www.albertadressage.com) for more information on upcoming PAADA events and activities.

# See Page 3 for your 2024 PA/ADA Board Members

## 2024 Education Subsidies

PA/ADA members in good standing who have completed at least 4 volunteer hours at PAADA events may qualify for PA/ADA's Education Subsidy.

Refer to the Education Subsidy Guidelines on the ADA website for more information.

## Western Dressage Association of Southern Alberta- AGM Update

WDASA recently held a successful AGM at the ABC Restaurant, Red Deer which began with excellent food and great storytelling, both top ingredients for a horsy folk gathering. After the AGM, the icing on the cake were the much-anticipated 2023 awards. The 2023 WDASA Online Show was very well attended and already in the works for 2024. Another huge success was the Alberta Western Dressage Team Challenge with 7 teams of 4 signed up between the Southern and Northern Associations. Already teams are being formulated in anticipation of the coming show season.

If you, or anyone you know that rides western and might have an interest or questions about western dressage, you are invited to check out the Western Dressage Association of Southern Alberta Facebook page and/or their website [www.WDASA.ca](http://www.WDASA.ca)

## Get to know your friendly PAADA Member: Natalie Marsden



Q: Tell us a little about your horse and his/her personality?

A: My horse, Furst Look AKA "Loo", is just the sweetest 4.5-year-old gal you will ever meet! I had to take a break from owning my own horse while I completed my medical training and when I met Loo as a 3-year-old I knew her personality and temperament were exactly what I was looking for in my next young horse project. She is very loving, smart and eager to please.

Q: What is the most valuable piece of advice you ever received about dressage?

A: Having goals is so important but so are all the small wins along the journey to get there. When I was a junior rider, I was fortunate enough to qualify to represent Canada at NAJYRC in 2012. When I declared my intent to qualify the owner of the barn where I had my horses at the time, a very sweet and wise elderly man), told me that the end goal is not important if you do not soak up all the day to day wins with your horse on your way to reaching that goal. I think it's easy for all of us to get so fixated on where we want to be that we forget to look for and enjoy where we are in the present moment with our horse. With Loo being a young horse, I am really keeping this advice in mind and am just so amazed at all the small changes she gives me each day we work together.

**All PA/ADA members are welcome at our Board Meetings**

Contact Rececca Cade at [pcade@telusplanet.net](mailto:pcade@telusplanet.net) for details.

## 2024 PA/ADA Board Members

<b>Position</b>	<b>Name</b>
<b>President</b>	<b>Rebecca Cade</b>
<b>Vice President</b>	<b>Natalie Marsden</b>
<b>Treasurer</b>	<b>Calee Dufva</b>
<b>Secretary</b>	<b>Diane Luxen</b>
<b>Communications Director</b>	<b>Pam Vust</b>
<b>Membership Director</b>	<b>Anne Allison</b>
<b>Promotions and Marketing Director</b>	<b>Jackie Maga</b>
<b>Schooling Show Director</b>	<b>Carrie Farnell</b>
<b>Junior/Youth Representative</b>	<b>Hayley Crowe</b>
<b>Education Subsidies Representative</b>	<b>Rebecca Cade</b>
<b>Directors at Large</b>	<b>Janneke Poot</b> <b>Ashley Radke-Fox</b>
<b>Event Representative</b>	<b>Vacant</b>