



## **Helen Parker ADA Lifetime Recognition Award Presented in 2021**

### **Participation 25+ Years:**

Helen has been involved with dressage in Alberta for 38 years. Helen's love of dressage was evident after she returned from England having graduated from the Talland School of Equitation where she received her British Horse Society Assistant Instructor Certification. When she returned to Edmonton, Helen devoted her time and energy to helping the Edmonton Area Dressage Association extend the club's profile. She continues to be involved in promoting dressage in Edmonton Area and Alberta.

### **Contributions to the sport of dressage:**

Helen is very active in organizing dressage clinics. Additionally, Helen Parker and Betty Seidel and their horses showcased dressage to audiences at numerous venues in Alberta; including remote areas as well as high-profile events such as Klondike Days, Rundle Park, and the Edmonton Coliseum during rodeo week. Many riders have mentioned it was through these demonstrations that they discovered dressage and decided to give it a try! Helen is also a timeless volunteer at and sponsor of EA/ADA events.

### **Active Member of ADA or Area Group":**

Helen has held a variety of executive positions with EA/ADA including president, sponsor promotor and contributor, and clinic organizer; and she initiated the Wild Rose Schooling Show series. She was instrumental in helping EA/ADA host a CDI 3\* dressage competition in Edmonton. She volunteers for ADA as a representative of EA/ADA.

### **Ambassador for Dressage:**

Helen's forte has been organizing, advertising, and sponsoring well-known clinicians including Dane Rawlins, Holger Münstermann, Mikael Holmström; and she spearheaded the Jaimey Irwin Clinic Series.

### **Other Contributions:**

Most recently Helen has been a driving force behind the Alberta Youth Dressage Development Program involving youth from the ages of 6 to 25. Helen is a selfless and generous volunteer to the dressage community in Edmonton and Alberta.