

Lindsey Stroh ADA Lifetime Achievement Award - Presented in 2024

Participation 25+ Years:

Lindsey has been an active member of Edmonton Area, ADA for many years. Including being past president, she continues to contribute quality information along with opportunities and guidance to all the area group members.

FEI Achievement:

Lindsey is a Grand Prix dressage rider, trainer, and Equestrian Canada Certified Competition coach based in Beaumont, AB. She continues her professional development with annual trips to train and compete in California. When not in California, Lindsey continues her education by auditing clinics, and riding with Shannon Peters via weekly Pixem lessons. Lindsey has been repeatedly named to the Equestrian Canada High Performance list. She has trained several horses to FEI levels and represented Canada at CDIs in Canada and the USA from Young Riders through Grand Prix.



Educational Contributions:

Lindsey has been a key coaching contributor to the Youth Development/ADA program of clinics and symposiums based on the seven True Sport Principles and EC's Long-Term Equine Development goals. With her equestrian background, biomechanics expertise, and love of all things equine, riders from Hunter/Jumper, Western Dressage, Working Equitation, Eventing, Pony club, and Therapeutic/Para Dressage can be found attending her clinics.

Volunteerism Contributions to the Dressage Community:

As a respected member of a number of associations, she continues to support equine activities throughout Alberta offering both her time and expertise to help promote dressage. Through her leadership and proactive approach, Lindsey continues to promote, facilitate, and coordinate a variety of equestrian related activities through the clinics and presentations she offers in Alberta. She is always open to answering questions and giving her time to instruct many clinics which continue to be requested by communities and associations for all ages, levels and abilities.

Ambassador for Dressage:

Lindsey's belief in the goals and principles of the Youth Development/ADA group have helped this ADA area group grow its membership significantly since 2021. Lindsey has a focus on mentoring young riders who wish to investigate the possibility of working in the equine community with special focus on the YD/ADA Youth Ambassadors at her clinics. These ambassadors are hired to work directly with Lindsey during the clinics that she instructs. Her commitment has encouraged and inspired youth from a wide variety of equestrian disciplines to have fun while learning more about dressage and training their equine partners in a safe and focused manner.

Other Contributions:

Lindsey is continually open to learning. She encourages her students to reach out to enhance their own education through reading articles, auditing and/or riding in various clinics with other clinicians. Lindsey's passion for dressage is contagious - both riders, auditors and parents come away inspired about what is possible and achievable.